



The Elite Program, Inc.

Equine Owner, Instructor & Trainers Workshop

Instructor: C. Reid McLellan, PhDⁱ

Northshore Technical Community College, Florida Parishes Campus

948 Hwy 1042, Greensburg, La. 70441

July 28-August 1

Program Outline

Monday July 28		
1:00	2:00	Registration
2:00	2:30	Welcome, Objectives and Certificate criteria
2:30	3:00	Groom Elite History & Teaching Philosophy ⁱⁱ
3:00	3:15	Break
3:15	4:30	Terminology, Identification of Horses
4:30	5:00	Wrap Up Day 1 Team assignments ⁱⁱⁱ
Tuesday July 29		
8:00	8:30	Morning Coffee & open discussion
8:30	10:00	Horse Behavior & relationship to riding & grooming
10:00	10:15	Break
10:15	11:45	Hands on Behavior & grooming instruction ^{iv}
11:45	1:00	Lunch
1:00	2:00	Conformation including Body Condition Scoring
2:00	3:00	Leg anatomy, Leg Exam & common injuries
3:00	3:15	Break
3:15	5:00	Bandaging – Uses, technique and practice
Wednesday July 30		
8:00	8:30	Morning Coffee – open discussion – bandaging practice
8:30	9:00	Equine Health Check
9:00	9:45	Horse's Foot & daily foot care
9:45	10:00	Break
10:00	11:00	Practical exercise – Health Check & picking feet
11:00	12:00	Practical exercise – Bandaging Practice
12:00	1:00	Lunch
1:00	2:00	Horse's Mouth – Mouth Exam – Hay for Horses
2:00	2:45	Equine Digestive System
2:45	3:00	Break
3:00	3:30	Day in life of a groom: Farm, Show ring and Racetrack
3:30	4:00	Barn Safety & Fire Prevention
4:00	5:00	Equine Drugs & Drug Testing
Thursday July 31		
8:00	8:30	Coffee – open discussion – bandaging practice
8:30	9:15	Cooling out hot horses in 21 st century
9:15	10:00	Tack for Racing & comparison to Western & English Riding tack
10:00	10:15	Break

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10:15	11:45	Practical exercises – tacking & bathing	(continued on Page 2)
Thursday July 31 (continued from Page 1)			
11:45	1:00	Lunch – open discussion	
1:00	2:00	Principles of Teaching Equine Students	
2:00	3:00	Designing assessment exercises to measure progress	
3:00	3:15	Break	
3:15	5:00	Team time/ Bandaging practice/ tacking practice	
Friday August 1			
8:00	8:30	Coffee and open question/answer	
8:30	10:00	Assessment/ presentations/evaluation	
10:00	10:15	Break	
10:15	11:45	Final presentations/ assessment/ evaluation	
11:45	1:30	Lunch, certificate presentation and adjourn	

ⁱ Dr. McLellan is Executive Director of The Elite Program, Inc. a horsemen's education service and home of the Groom Elite Certification School, the only national racehorse groom's certification program recognized by the Association of Racing Commissioners International, National Horsemen's Benevolent & Protective Association, Thoroughbred Horsemen's Association & California Thoroughbred Trainers. Dr. McLellan established an award winning equine program at Louisiana Tech University and wrote the core curriculum currently in use at the North American Racing Academy in Lexington, Kentucky. McLellan is a dynamic speaker that demonstrates how principles of teaching horses can also be used to effectively teach students. He served on a committee that wrote the national racehorse trainers exam and teaches 3 or 4 Trainers' Exam Prep Classes each year. McLellan has taught workshops in 18 states plus Trinidad-Tobago and in the Philippines.

ⁱⁱ High school teachers successfully completing this course may apply for certification as a High School Groom Elite instructor. Owners & Trainers completing this course may apply for certification as a Groom Elite instructor. Details regarding procedures for certification will be discussed with those interested.

ⁱⁱⁱ Depending on number of participants, attendees will be assigned to teams of 2,3 or 4 to work together on practical exercises. Each team will draw an equine teaching subject from a pool of subjects and will prepare a 10-15 minute presentation. Participants will be given further instructions at close of Day 1.

^{iv} Practical exercises will be conducted on live horses. Please bring suitable shoes or boots (no one will be allowed to work with horses barefooted, with open-toe shoes or with any other non-horse safe footwear (high heels, etc.). Casual, South Louisiana summer time clothing will be accepted but must be appropriate to wear while working with horses. No swimsuits or other abbreviated wear. Shorts should reach below mid-thigh.